Nalandra Buddhist Institute

Australian International Vajrayana Buddhist Institute Ltd.

Dharma Centre of His Eminence Zim'og Rinpoche in the
Sakya Tsarpa tradition of Tibetan Buddhism

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nalandra.org

EXECUTIVE SUMMARY

Nalandra's activities are presented chronologically from 2009 when His Eminence Zim'og Rinpoche commenced teaching in Australia (the organisation was then known as Jamchen Buddhist Centre), through to 2026. Firstly, phases in the development of the organisation throughout this period are described, along with key achievements for each phase. Categories of activities are described to cover the broad range of Nalandra's activities. A summary of the activities are then provided for each year. Links to newsletters which provide detailed articles and photos of events are included. Samples of promotional materials, some photographs of events, and selected excerpts from newsletters are displayed. Appendices contain lists of Sadhana and prayer booklets bublished by HE Zimo'g Rinpoche, Buddhist texts HE Zim'og Rinpoche has provided teachings on, and Empowerments/ Initiations and Transmissions he has given iin Australia. The activities presented are summarised from annual reports provided to Annual General Meetings.

DEVELOPMENT PHASES

Nalandra's evolution from the Jamchen Buddhist Centre through to the current Dharma centre of His Eminence Zim'og Rinpoche is framed through four distinct phases of organisational development. While the Centre's core purpose of supporting the teaching and practice of the Buddha Dharma remained constant throughout, each phase reflects changing priorities, structures and opportunities as the community matured. Together, these phases trace the evolution of the organisation from a small teaching community centred on H.E. Zim'og Rinpoche's arrival in Australia to a well-established Dharma institution with stable governance, dedicated facilities, established traditions and a broad program of religious, educational, cultural and community activities.

The phases indicate the dominant themes and priorities of each period. The Establishment Phase focused on building regular teaching and practice programs and forming a stable spiritual community. The Transition Phase saw the creation of AIVBI/ Nalandra, together with the governance and organisational changes necessary to support future growth. The Consolidation and Planning Phase was characterised by merger completion, organisational integration, property development and adaptation to changing circumstances, including the COVID-19 pandemic. Finally, the Renewal Phase reflects the emergence of Nalandra as a mature and sustainable organisation, operating from a stable base while continuing to develop its teaching, practice, cultural and community programs. The following phase summaries provide an overview of the major developments, achievements and milestones that shaped the organisation between 2009 and 2026.

Phase 1: Establishment (2009–2013)

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Chogye Jamchen Choe Dzong

During this phase H.E. Zim'og Rinpoche established a regular teaching and practice program at Jamchen Buddhist Centre, laying the foundations for the community that would later evolve into Nalandra. Weekly teachings, meditation programs, Tibetan language study, empowerments and public Dharma activities became established features of the Centre's calendar. Many traditions that continued throughout subsequent phases were initiated during this period. These include the annual Mahakala Puja, Animal Blessing Ceremony, Dharma study programs and public outreach activities.

The Centre expanded its role within the wider Buddhist and Tibetan communities through participation in UN Day of Vesak celebrations, interfaith and public events, charitable initiatives and support for Tibetan community causes. Major projects such as the Snow Lion Himalayan Relief and the nationally successful Ani Choying Drolma tour demonstrated Jamchen's growing capacity to undertake large-scale cultural and fundraising activities. By the end of the phase, the Centre had developed a strong spiritual program, an active volunteer base, increasing public visibility and a clear vision for future growth, creating the conditions for the establishment and the opening of AIVBI/ Nalandra Institute in 2014.

Phase Achievements

- H.E. Zim'og Rinpoche established a regular resident teaching program.
- Mahakala Puja and Animal Blessing ceremonies became annual traditions.
- Weekly Dharma teachings, meditation programs and Tibetan language study were established.
- Jamchen developed a strong profile through UN Day of Vesak, public talks and community engagement.
- The Snow Lion Himalayan Relief and the Ani Choying Drolma tour expanded the Centre's cultural and fundraising capacity.
- Permanent residency was secured for Zim'og Rinpoche and family.
- The vision for a larger, permanent Dharma centre began to emerge.
- A tradition of pilgrimages to the holy sites of the Buddha was initiated.

Phase 2: Transition (2014–2018)

During this phase the organisational focus shifted from Jamchen Buddhist Centre toward the newly established Australian International Vajrayana Buddhist Institute (AIVBI)/ Nalandra Institute. The opening of Nalandra in 2014 in Box Hill South, Victoria provided a dedicated teaching and practice venue that allowed the Dharma program to expand through regular teachings, meditation, retreats, empowerments and community activities. While Jamchen gradually entered an administrative role, Nalandra became the principal centre for teaching, study and Vajrayana practice.

The period was also characterised by significant organisational and governance development. AIVBI was established, plans for a permanent gompa were advanced, and extensive work was undertaken to protect the School Building Fund and preserve Deductible Gift Recipient (DGR) status. The emergence of the Ringwood East property opportunity provided a practical focus for future development, while detailed legal and governance work established a pathway for the eventual merger of Jamchen and AIVBI. By the end of the phase, the foundations had been laid for a single organisation capable of supporting long-term teaching, practice, property development and community growth.

Phase Achievements

- Australian International Vajrayana Buddhist Institute/ Nalandra was established as a dedicated teaching and practice centre.
- Regular Dharma teachings, meditation programs and Vajrayana practices expanded.
- Community outreach continued through animal blessings, pilgrimages, public talks and fundraising activities.
- Ringwood East was identified as a potential long-term home for a permanent gompa.
- Legal and governance frameworks were developed to support the future merger of Jamchen and AIVBI.
- Protection of the School Building Fund and DGR status became a central organisational objective.

Phase 3: Consolidation and Planning (2019–2023)

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During this phase Nalandra consolidated its position as the organisation's principal teaching and practice centre while completing the long-planned merger between Jamchen and AIVBI. The spiritual program continued to mature through advanced teachings, Dharma Discourses, empowerments, retreats, Buddhism 101 courses, Tibetan language classes and major pilgrimage activities. Despite the disruptions caused by the COVID-19 pandemic, the Centre maintained continuity of practice and study through online and hybrid delivery models, ensuring that teachings and community engagement continued uninterrupted.

The period also saw important organisational consolidation. The merger of AIVBI and Jamchen was completed while preserving the Gift Fund and DGR status. New initiatives such as the Tibet Gallery/Tibet Outlet (Dharma shop/online store) expanded Nalandra's cultural and fundraising activities, while planning for the Centre's long-term future continued. The relocation to Serkhang Nalandra in Healesville marked a major milestone, establishing a more stable base for future development. By the end of the phase, governance structures, digital systems, property arrangements and membership support mechanisms had been substantially strengthened, creating a stable foundation for future growth.

Phase Achievements

- AIVBI–Jamchen merger completed and governance structures unified.
- Gift Fund and DGR status successfully retained.
- COVID-era online and hybrid teaching systems implemented.
- Major pilgrimages, empowerments and retreat programs continued.
- Tibet Gallery opened and Tibet Outlet established.
- Serkhang Nalandra at Healesville became the organisation's new base of operations.
- Governance, communications and digital systems were consolidated and strengthened.

Phase 4: Renewal (2024–2026)

Nalandra Buddhist Institute

Australian International Vajrayana Buddhist Institute Ltd.

During this phase Nalandra entered a period of organisational maturity and renewal. Operating from a stable base in Healesville, the Centre continued to offer a rich program of teachings, Dharma study, meditation, retreats, pujas and community activities while building upon the foundations established during earlier phases. The spiritual curriculum evolved through teachings on Mahamudra, the Niguma tradition, the Tibetan Book of the Dead and other advanced subjects, supported by Dharma Chakra study programs, guided meditation and senior-student teaching initiatives.

The phase also reflects the emergence of a sustainable operational model integrating teaching, practice, cultural activity, charitable outreach and governance. Annual Mahakala Pujas, Animal Blessing ceremonies, retreats, charitable projects and community events continued alongside ongoing maintenance of the Healesville property. Digital communications, Zoom delivery, newsletters and the Tibet Outlet supported engagement beyond the physical centre. By 2026, Nalandra had evolved into a mature Dharma institution with stable governance, established traditions, strong community participation and the capacity to continue developing its religious, cultural and educational mission into the future.

Phase Achievements

- Stable operation established at Serkhang Nalandra, Healesville.
- Advanced teaching programs expanded through Mahamudra, Niguma and Bardo teachings.
- Dharma Chakra study programs matured and broadened.
- Annual retreats, Mahakala Pujas and other established practices continued.
- Animal Blessing, cultural and charitable activities remained important outreach programs.
- Governance, communications and property stewardship became well-established and sustainable.
- Nalandra entered a mature operational phase with strong foundations for future development.
- The Centre hosted a pivotal visit from His Holiness the 43rd Sakya Trizin, the current throne holder of the Sakya lineage.

ACTIVITY CATEGORIES

The breadth and scope of Nalandra 's numerous activities throughout years 2009-2026 are summarised in the next section using the following categories:

Teachings and Dharma Study

Regular and special teachings, Buddhist philosophical study, introductory Buddhism programs, public Dharma talks, Tibetan language study, study groups and supporting teacher programs.

Practice, Retreats and Empowerments

Meditation programs, calm abiding meditation courses, pujas, tsogs, empowerments, refuge ceremonies, Vajrayana practices, annual retreats and holy Buddhist observances.

Community, Culture and Outreach

Public events, interfaith activity, animal blessings, pilgrimages, Tibetan cultural events, concerts, film nights, charity appeals, visiting groups, conferences and broader community engagement.

Organisational Development and Governance

Membership, committees, governance, finances, legal structure, property, Gift Fund and School Building Fund matters, DGR status, merger planning, policy development and volunteer support.

Major Events and Milestones

This section highlights significant visits, major public events, centre openings, fundraising initiatives, legal milestones, property developments and turning points in the organisation's history.

Publications & Promotions

Links to newsletters and selected excerpts are presented, along with samples of promotional materials, photographs of key events, links to articles and practice books written by HE Zim'og Rinpoche.

Phase 1: Establishment
2009 - 2013

Nalandra Buddhist Institute

2009–2010

Teachings and Dharma Study

HE Zim'og Rinpoche commenced teachings on key Buddhist texts, Shantideva's 'Bodhicharyavatara: The Way of the Bodhisattva', and Nagarjuna's 'Letter to King Gautamiputra'. He also ran introductory Buddhist workshops and introduced a Tibetan language course. His teachings extended to include interstate teachings, giving public talks, teachings and empowerments in Queensland and NSW.

Practice, Retreats and Empowerments

Rinpoche led regular Green Tara Pujas, Vajrayogini Tsogs and 16 Arhat Pujas. Calm abiding meditation courses and annual retreat activities were ongoing. HE Zim'og Rinpoche performed the inaugural Mahakala Puja for World Peace. This is a significant event that would be performed annually to curb natural disasters and financial imbalances - bringing peace to the wider world, especially of the continent of the Great Southern Land. .

Community, Culture and Outreach

Jamchen co-hosted His Holiness the Sakya Trizin 41st's Melbourne visit and held public outreach such as the inaugural Animal Blessing and introductory Buddhism sessions. The Animal Blessing Ceremony would become an annual tradition for raising funds for local animal charities. Zim'og Rinpoche served as the Chairperson of the organising committee for the UN Day of Vesak.

Organisational Development and Governance

The Centre adjusted to supporting a resident teacher and family.

Major Events and Milestones

- Jamchen was honored to sponsor and formally welcome Zim'og Rinpoche and family in February 2009.
- His Holiness the Sakya Trizin 41st visited Jamchen in June 2009, consecrated the Buddha statue and blessed the centre's activities.
- Rinpoche commenced regular teachings in Melbourne and extended his teachings to interstate audiences, marking a rich beginning to his teaching career.
- He bestowed his first empowerment to an Australian audience, The Eight Deities of Mahakala (Gur Lagyed) in Queensland.
- The inaugural Annual Mahakala Puja and Animal Blessing Ceremonies marked the beginning of a longstanding tradition for His Eminence Zim'og Rinpoche's unique spiritual offerings to Australian Buddhists and the broader community.

Sample of Publications & Promotions

THE KING OF THE DHARMA PROTECTORS

MAHAKALA

WITH HIS EMINENCE ZIMWOCK RINPOCHE
MAHAKALA IS THE HIGHEST TANTRIC DEITY-AN EMANATION

Mahakala is a Dharma Protector of enormous strength and power who has promised to help practitioners by dispelling obstacles on the path and ensuring prosperity for the forthcoming year. Traditionally this beautiful melodic puja is done annually before Monlam and Losar to capture the protector's unsurpassable primal energy.



EVENT DETAILS

When : 26th-28th Dec 09

Where: Yerrin St Balwyn

Cost	General	3 days $90
	General	1 day $30
	Members/Conc	3 days $80
		1 day $25



The Programme We Are Envisioning Would Be

10 am – 12 am	Green Tara and Avalokitesvara Mantra
12 noon – 2 pm	Lunch (provided)
2 pm – 6.30 pm	Mahakala Puja

Please Note: This is a puja chanted mainly in Tibetan but by just attending the Puja Mahakala will dispel countless obstacles for you on your path

Jamchen Buddhist Centre
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Check our website for further details www.jamchen.com

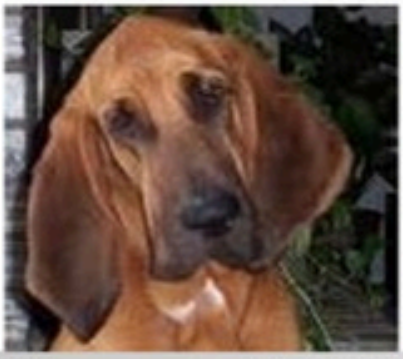


BUDDHIST ANIMAL BLESSING CEREMONY

WITH HIS EMINENCE ZIMWOCK RINPOCHE
at Ruffey Lake Park Doncaster
Sunday 15th November 2009

His Holiness the 14th Dalai Lama has said on many occasions "My religion is compassion". In Australia, our pets, and those animals in our care, receive our loving kindness and compassion in the form of food, shelter, medicine and affection. In addition to this physical care, the Buddhas had the Ultimate wish that all beings would reach their full potential and become Enlightened. Animals are our dearest life partners as they sincerely give us joy and respect with no expectation of return and our pet animals are content with whatever we offer them. So to repay their kindness, His Eminence and his three daughters deeply wish to help them spiritually by using their prayers to liberate them from ill health, disease, and premature unnecessary suffering. Although animals cannot listen to teachings, their minds are very receptive to blessings.

At Ruffey Park Lake, His Eminence Zimwock Rinpoche will conduct a short Blessing Ceremony for the long life, good health and future rebirth of your pet and those who have died recently especially in bushfire.







Cost:	By Donation - Suggested $15
Venue:	Ruffey Lake Park Electric Barbeque and shelter in Doncaster (there are many 'off l lead' areas, an ornamental lake + play areas). Melways ref 33 H9 off Church Road (nr King St) - Car Park - end of the rd. - NB Church Rd is split by the park.
Registration Time:	10.15 am Blessing Ceremony: 10.30 am
Barbeque:	12 midday BYO chairs, blankets, food and drink
Bookings:	Moira Brown 9898 6977 or samten18@yahoo.com

Please let us know what animal you have so we can arrange a suitable food gift or you may simply forward your animal's name.

Jamchen Buddhist center
Yerrin St. Balwyn **info@jamchen.com.au**
Please check our site for futher details tel. **9857 3612**

Establishment Phase

2010–2011

Teachings and Dharma Study

Rinpoche's teaching program strengthened and expanded to include overseas teaching. At Jamchen he continued Shantideva teachings and introduced Second Saturday Dharma, teaching on specific Buddhist topics. The first was the 16 aspects of Emptiness, followed by the Four Noble Truths, 21 Taras, the Four Seals of the Dharma and the Refuge Vow. The tallks continued with a range of topics covered over the years.

Practice, Retreats and Empowerments

Medicine Buddha, Prajnaparamita, Mahakala, Manjushri and 21 Taras empowerments were offered across this period. Mahakala Puja, Saturday meditation, calm abiding retreat activity and regular practice continued.

Community, Culture and Outreach

Jamchen participated in public events including Buddhism Today conference (Rinpoche represented the Vajrayana school), prayers for Tibet earthquake victims, His Holiness the Dalai Lama's Melbourne visit, animal blessing, visiting teacher programs and movie discussion nights. Rinpoche was welcomed as a member of the Victorian Police Interfath Committee as a representative of Tibetan Buddhism.

Organisational Development and Governance

Committee meetings, mailouts, AGM processes, volunteer coordination, Gift Fund oversight and visa support work remained important. Snow Lion Himalayan Relief planning and implementation became a major organisational focus.

Major Events and Milestones

- UN Day of Vesak Melbourne 2010 featured Zim'og Rinpoche as Chairperson of the organising committee.
- The Snow Lion Himalayan Relief became a major successful fundraiser for earthquake and mudslide victims in Tibet and Ladakh, raising $8775.31 (Half supported Jamchen Buddhist Centre and half was distributed to two appeals – the Drugchu Flood Relief and the Ladakh Cloudburst Appeal).
- Rinpoche made his first pilgrimage with students to the Buddha's holy sites in India and Nepal.
- Rinpoche bestowed the first empowerments at Jamchen in Melbourne, commencing with Medicine Buddha.

Newsletter - White Conch Issue 1 February 2011

Chogye Jamchen Choe Dzong

February 2011
Issue 1

White Conch

A newsletter for members of Jamchen Buddhist Centre

Snow Lion fundraiser relieves and delights

Teresa Harding worked her butt off. Teresa made salads for the dinner, cakes to go with tea, sold tickets and stayed on the door for most of the evening. And that was only what she did on the day. Teresa was not alone in her unstinting effort.

Everyone who contributed to making the Snow Lion Himalayan Relief happen gave their time, skills and energy. "It was such a nice buzz", said Teresa. "It gave me a very light and happy feeling". There was singing and dancing, speeches and photos, cake and tea, momos and curry. Around 250 people attended. Through the generosity of so many people, the event raised $8775.

The Snow Lion Himalayan Relief was held on Saturday 23rd October at Genazzano FJC College in Kew. The festival was initially conceived as a fundraiser for Jamchen Buddhist Centre by a group from the Tibetan community in Melbourne. They wanted to lend their support to HE Zimwock Rinpoche, to help keep him in Melbourne, to preserve his lineage and ensure that his teachings could continue and expand.

Then the news came of sudden cloudbursts, flash flooding and massive mud slides, first around Leh in the Ladakh region of Northern India on 6th August 2010 and the next day in the Drugchu region of Tibet's Amdo province. Many lives had been lost, many more had been injured. Livestock and crops were devastated. When an urgent appeal came through from His Holiness the Dalai Lama's Central Tibetan Relief Committee, it was agreed that the appeal should share the profits of the fundraiser - the Festival became a Relief.

Kunga Lodoe took on the job of leading the organising for the Tibetan Community. Kunga and Tenzin Lobsang worked with Annie Whitlocke and Teresa Harding from the Jamchen Buddhist Centre Committee to arrange the venue, the food for dinner, the auction (which raised nearly $1000 on its own), the performances, the promotion and sell tickets – a huge effort. They deserve much congratulation!

And what a day it was. Almost 6 hours of awesome entertainment and food in the true Tibetan spirit. HE Zimwock

...continued Page 4

Refuge in Second Saturday Dharma



9am on a Saturday morning in the gompa – it had to be something special. It was the last Second Saturday Dharma teaching of 2010 and the topic was the Four Seals of the Dharma and the Refuge Vow. The Four Seals are considered to define Buddhist philosophy – the path of the Buddha – and the Refuge Vow marks the first step on the path. HE Zimwock Rinpoche spoke with ease and simple clarity. Big topics made accessible.

It was Rinpoche's first ever Refuge Ceremony in Australia. Self-confessed 'procrastinating Buddhist' Andrew Kinsella stepped forward. "I decided to take refuge as a formal recognition of and expression of gratitude for the benefits that dharma practice is bringing my life," said Andrew, reflecting on the ceremony. "I think the thing that most stood out for me about the event was a strong feeling of belonging, and a deep confidence that I was making the right move. I was also very conscious of the support of the other members at Jamchen. I am very pleased to have finally made a formal commitment to the movement that brings such great benefits to us all.

Rinpoche revealed later that he had not been as relaxed as he appeared. "It was important that Andrew understood and had full awareness of the holiness of the Dharma and the preciousness of the Buddha's teachings" said Rinpoche. "I am very happy that Andrew has taken refuge. I was unsure how closely I could bring Andrew to the Buddhas and Bodhisattvas but the cognitives of the Buddhas and Bodhisattvas are always open. Therefore, with best intentions I have done my very best. Now I feel Andrew is one of my closest friends."

Losar Greetings
A letter to members from Rinpoche

Saturday 5 March 2011 marked the first day of Losar, the Tibetan New Year and the first day of the Female Iron Hare Year 2138.

To celebrate, members of various Tibetan Buddhist communities in Melbourne joined HE Zimwock Rinpoche and Jamchen members in a 16 Arhats puja in our gompa. Rinpoche, Kelsang and family then welcomed everyone for a generous breakfast and Tashi Deleks all round.

It was a beautiful late summer day and the Tibetan community turned out in their best traditional traditional clothes for an auspicious start to the New Year.

Left, Rinpoche greets his guests with warmth and generosity in the sunshine at Yerrin Street.



Hello. Happy Tibetan and 2011 New Year to everyone.

As my statement to this news letter, I would like to say that I am very satisfied to be in a position of being able to teach the Buddha dharma and to live in a beautiful country like Australia.

I have now been in Australia over two years, my lessons have been many and my achievements are increasing. My position in the community and as a teacher would not have been possible without the help and hard work of the Jamchen committee, my students and the many kind and generous people who come to listen and learn the teachings of Buddha. I have gained so much from these wonderful people who never seem to become tired of helping others. Tu Ji Chay!

In the short time since arriving with my family, we have travelled to many wonderful places in Australia. I have seen how Buddhism is growing so fast in Australia and how loved His Holiness the Dalai Lama is. This brings me such happiness to see how the gracious Australian people respect this precious man. When His Holiness the Sakya Trizin was in Australia I was once again honoured to see how respected and loved he is.

In my time in this wonderful land I have met many incredible people, who have shown myself and my family much kindness. I am learning about the way Australian people think and feel and I am enjoying the questions they ask at my weekly teachings, this shows they are curious and interested. Please keep asking questions.

With the blessings of my gurus I pray that I can continue to be a teacher of the Buddha dharma and share the wisdom that will bring peace, love and compassion to my students and to the wonderful Australian people. As my teaching schedule increases I am also learning, as I believe all human beings are hungry for higher education - teachings that will help us to listen better, to separate our pain from the material attachments, to jump in closer to know our aversions and to sit and meditate.

My great pleasure is seeing people show such interest in learning the Tibetan language and I can only hope that my skills as a teacher bring them closer to understanding this ancient language.

May my wisdom continue so that I can bring all of you great happiness and release from suffering.

Tashi deleks
Zimwock Rinpoche

HE Zimwock Rinpoche Appointed to Police Inter-faith Committee



Chief Commissioner of Police, Simon Overland, welcomes HE Zimwock Rinpoche to the Victorian Police Interfaith Committee.

Jamchen Spiritual Director HE Zimwock Rinpoche was invited last year to apply for a position on the interfaith committee for the Victorian Police force. He applied and was accepted in March 2011. He attended the first committee meeting for the Police multicultural advisory unit on 1 March.

Rinpoche's role on the interfaith committee will be to offer suggestions and advice to the committee to assist the police force in recognising sensitive issues and being aware of special dates pertaining to Tibetan Buddhism.

Rinpoche was greeted warmly and shown great respect by all the other faith representatives and leaders.

Rinpoche will also be attending the New and Emerging Communities meeting this month.



The relieved group of initiates with HE Zimwock Rinpoche at the end of the Mahakala empowerment at Jamchen Buddhist Centre.



Losar 2011, Rinpoche with family and Tibetan friends



Rinpoche addressing Vesak celebrations in the Melbourne Town Hall May 2011

Establishment Phase
2010–2011



Rinpoche after receiving his Loppon hat,
2 April 2011



Mahakala Puja 27 December 2011



Blessing for animals at St Michael's rocks, 25 September 2011



Q&A with Venerable Francis McNab at St Michael's Church, 23 September 2012.

Establishment Phase

2012–2013

Teachings and Dharma Study

Regular Wednesday teachings and Saturday meditations continued. Rinpoche taught Nagarjuna's 'Drop of Nourishment for People' and the 'Tibetan Book of the Dead', while introductory Buddha's Way talks presented by senior students and public Dharma presentations expanded access for newcomers. Zim'og Rinpche gave his first public talk titled "Be Still to Know".

Practice, Retreats and Empowerments

Medicine Buddha, Vajrasattva and Padmasambhava empowerments were bestowed, alongside Mahakala Puja, Padmasambhava Tsog, mindfulness retreat activity, a Vajrapani Bhutadamara empowerment retreat and Meditation for Life courses.

Community, Culture and Outreach

Jamchen expanded through World Animal Day blessings, UN Day of Vesak involvement, visiting teacher events (Khenpo Ngawang Damchoe), pilgrimage to Nepal and Bhutan, movie night fundraising, Compassionate Communication workshops and Tibetan language activities. Two students attended a Buddhism in Australia conference where they presented a paper on the Zimwock lineage.

Organisational Development and Governance

Operational structures were developed for larger projects. Membership, finances, the Gift Fund, promotion, volunteer roles and the vision for a larger future centre were reviewed.

Major Events and Milestones

- Ani Choying Drolma's first Australian tour attracted more than 2,000 attendees and became a landmark cultural event for Jamchen.
- Rinpoche's vision for a major future centre was articulated.
- Plgrimage to Nepal and Bhutan.

Sample of Publications & Promotions

The Zimwock Rinpoche Lineage - Tibetan Buddhism Unbounded

An article written by Pauline Gallagher and Freeman Trebilcock, presented at the Buddhism in Australia Conference at Murdoch University, February 2012, published online in the Tibetan Buddhist Encycopedia.

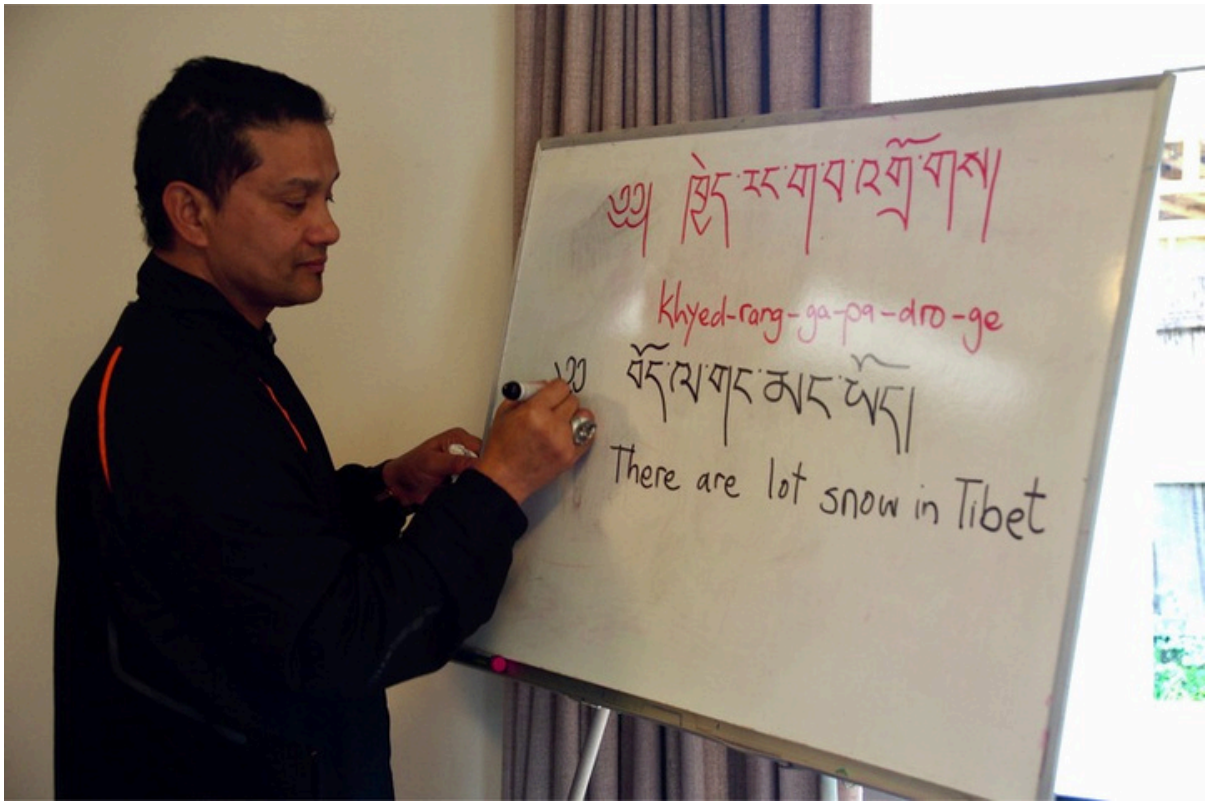
Ani Choying Drolma Tour hosted by Jamchen



Photo courtesy of Dr Di Cousens

Finally, upon invitation from Zimwock Rinpoche, Ani Choying Drolma agreed to visit Australia for a concert tour in November 2012. Ani Choying Drolma, an internationally famous Tibetan Buddhist nun singer and humanitarian from Nepal, had never performed in Australia before even though she performs all over the world for much of the year. She performed at St Michael's Church on Collins, Melbourne; the Melbourne Recital Centre; Quang Minh Temple, Braybrook and the Theatre Royal, Castlemaine as well as at the Byron Bay Community Centre, Byron Bay; The J, Noosa, Sunshine Coast; Riverside Receptions, Brisbane and the Sydney Opera House. Her tour brought much joy and received great acclaim. The concerts attracted full houses and standing ovations. Through both the concerts and many media engagements, this tour raised awareness of humanitarian issues, particularly the importance of educating girls in the fight against poverty.

Establishment Phase
2012-2013



Teaching Tibetan language, August 2012



Mahakala Puja, 29 December 2012, with Lodhen, a monk from Nalendra monastery.

Establishment Phase
2012-2013

Refuge Ceremony at the start of Vajrasattva Empowerment



Establishment Phase
2012-2013



Ticket Booking Form

Online Bookings
www.jamchen.com
www.trybooking.com/CNCP
Phone Bookings and Enquiries
0451 084 228

Name.....
Address.....
..... Postcode.....
Email.....
Phone.....

I would like to attend the entire retreat - Friday 15 - Monday 18 November 2013.
Please send me ..... tickets
❑ Full retreat ticket rate $460 $.....
❑ Member/concession* $415 $.....

I would like to attend one day only (Saturday 16 November).
Please send me ..... one-day tickets
❑ One Day ticket rate $120 $.....
❑ Member/concession* $95 $.....

TOTAL $.....

Payment Method
❑ Cheque ❑ Money Order
❑ VISA ❑ Mastercard
Card No. ...../...../...../.....
Name on card .....
Expiry date ...../..... CSC* .....
Signature .....

* Member rate for Jamchen financial members.
Concession rate for concession cardholders only e.g. fulltime student, pensioner, health card etc.

Please return completed form by post or email to:
The Retreat Co-ordinator
Jamchen Buddhist Centre

Jamchen Buddhist Centre presents

Vajrapani Empowerment and Retreat

Friday 15th November to Monday 18th November 2013

JAMCHEN
BUDDHIST CENTRE

PO Box 356
Balwyn VIC 3103
Telephone 0451 084 228
info@jamchen.com
www.jamchen.com

Cancellation Policy
Mon... refund less a 20% administration charge.
Less than 72 hours before event commencement no refund (special cases given consideration).

'A beautifully illustrated passageway to personal fulfilment, spiritual growth and a true sense of self worth...'

Recharge yourself with the power of Vajrapani!

This Tibetan Buddhist retreat includes the empowerment of four-armed Bodhisattva, Vajrapani, followed by teachings, practice and guided meditation over three days. The initiation and teachings will be offered by Melbourne's own reincarnate lama Zimwock Rinpoche and the meditations will be led by Freeman Trebilcock.

An introduction to the energy of fearlessness, the energy of the enlightened mind.

The retreat commences at 6pm on Friday 15th November and concludes at 5pm on Monday 18th November 2013. It includes accommodation and all meals from dinner on the Friday night to lunch on the Monday (vegetarian). Please advise any special dietary requirements.

The initiation will be offered on Saturday morning. Day tickets are available for Saturday and include lunch. The full retreat is recommended if at all possible.

Venue: Maitripa Centre
528 Myers Creek Road, Healesville, VIC 3777

This retreat is open to and beneficial for Buddhists who have taken Refuge in any tradition. If you would like to take Refuge at the start of the retreat, please contact Jamchen Buddhist Centre on 0451 084 228.

Vajrapani

"Vajrapani represents the Buddha's power aspect of complete enlightenment. Vajrapani is known as *'Guhyapati'* or the *'Lord of Secrets'* (Tib. *sang wa'i dag po*) and is the keeper of all the tantras of Vajrayana Buddhism.

According to the rules and traditional sequence in Tibetan Buddhism, one needs to first complete a retreat upon Vajrapani before engaging in other practices, retreats and teachings. This retreat will guide the meditators along a new path to a fuller life by cutting adversities and troubles."

~ Zimwock Rinpoche

The Venue

The Maitripa Centre is a peaceful oasis of garden, tree ferns and bushland in the heart of the beautiful Upper-Yarra Valley. It is an easy hour and a quarter drive from Melbourne and about 6 km north of Healesville, Victoria.

Accommodation is in clean, comfortable shared rooms (up to 3 beds - no bunks), all newly renovated, surrounded by 53 acres of State and National forest.

Maitripa has hosted many great international and local teachers and retreats over the years and has become a very sacred space in its own right.

Jamchen Buddhist Centre thanks the Kagyu E-Vam Buddhist Institute for making their beautiful retreat centre available to us for this retreat.

The Teachers

Zimwock Rinpoche



The 6th Zimwock (Zimog)Tulku Rinpoche, Ngawang Tenzin Trinley Norbu Pal-Sangpo, is a reincarnate lama of the Sakya School of Tibetan Buddhism. Zimwock Rinpoche is a throne holder of the Tsarpa branch of Sakya. Tsarpa is famous for retaining the most highly prized uncommon and most esoteric meditation lineages of the Sakya School.

Zimwock Rinpoche teaches in a fresh and dynamic way, making these profound instructions accessible to modern western Buddhists.

Freeman Trebilcock



Ordained as a monk at just 12 years of age, Freeman has undertaken study, retreat and initiation with lamas from across all schools of Tibetan Buddhism and is now a student of Zimwock Tulku Rinpoche.

Featured in the ABCTV Compass program *Holy Switch*, Freeman is an active advocate for Buddhist youth. He works locally and internationally to progress youth inter-faith co-operation.



Newsletter - White Conch Issue 2 October 2013

JAMCHEN BUDDHIST CENTRE
WHITE CONCH NEWSLETTER
OCTOBER 2013



From Jamchen's Spiritual Teacher ~

Vajrapani ~ the very accurate protector for this time of unlimited viruses, bacteria, spam, sicknesses, spirit attacks, evil haunts, karmic retributions, outer and inner spells, mental disorders, stress and nervous breakdowns. Never before in history has the human race had such great need to be free of conflicts. In spite of all the advances made by science and technology, the world is far from being safe and peaceful. In fact, human life has become more insecure than ever before. If there is no spiritual improvement in the way we handle our problems then humanity itself is in danger of being wiped out.

Vajrapani is one of the three principle deities of Mantrayana: Manjushri for Buddha's voice, Avalokiteshvara for Buddha's mind and Vajrapani for his actions. In secret yana it is: Vajrasattva for Buddha's essence, Vajrapani for the owner of Buddha's secrets and the derivation of such secretness is Buddha Vajradhara himself. Vajrapani's artistic powers are, as it is said in the highest yoga tantra, "to ensue and empower protection for this life and the next".

Combining this into a retreat brings simultaneous results:
1. Practice that will teach us how to cultivate Mantras, Mudras and Meditation.
2. Practice that will surpass our frustrations during practice.
3. Practice that will eliminate our downfalls.
4. Practice that will be in us in every life and we will eventually gain Buddhahood.

Let us turn the spotlight on ourselves and request within to bring out some peace and happiness for our fellow beings and for ourselves.

- Zimwock the Sixth

Motivation ~

As every morning is an extraordinary dawn, every sunset is an impossible twilight, every day tells us another story. Taken into a spiritual understanding, this nature in its very colorful canvas is telling us something, or mimicking life in many ways, such as dawn and dusk (birth and cessation), lightning and thunder (disappointments), showers and storms (good and bad), mountains and valleys (ups and downs), desert and ocean (harsh and vast), etc. The whole of existence is an encouragement or a reminder to bless this being. This time and this land are so fortunate. They revitalize my energies - they are lit and they stay alight.



JAMCHEN BUDDHIST CENTRE
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Vajrapani Empowerment and Retreat

When: 6pm Friday 15th - 5pm Monday 18th November 2013
Where: Maitripa Centre, 528 Myers Creek Road, Healesville, Victoria (see photo above)
Cost: $460 ($415 member/concession)

Vajrapani empowerment and teachings offered by Zimwock Rinpoche, with meditations led by Freeman Trebilcock.

Refuge is the only prerequisite for this important initiation. The retreat will include a Refuge ceremony on the Friday evening.

All meals will be vegetarian/vegan with other special dietary requirements catered on request (please advise in advance). The menu will be prepared by our very own chef Suat Koay.

Single day tickets available. Bookings open until 10th November.

Enquiries: Pauline on 0417 219 594

Compassionate Kitchen - The Dumpling Workshop

When: Saturday 30th November 2013, 9am- 1pm.
Where: Hays International College, 15 Hay Street, Box Hill South, VIC 3128
Cost: $80 ($60 member/concession)

Learn the art of authentic dumplings with chef Suat Koay. Fresh and full of flavour. This workshop requires a minimum of 10 participants - bring a group of friends for a deliciously fun time. Strictly vegetarian!

Enquiries: Suat on 0420 683 003

Wednesday Dharma with Zimwock Rinpoche

When: 7.15 - 8.45pm every Wednesday during school terms (subject to Rinpoche's travel/retreat schedule).
Where: Jamchen Buddhist Centre
Cost: $15 ($10 member/concession) per session

Zimwock Rinpoche's main teachings at Jamchen present his commentary on major texts of Buddhism. Rinpoche teaches in English in a refreshing and inclusive style. His teachings are tremendously insightful and rewarding for any serious student of the Buddha's dharma.

Rinpoche's current text is Guru Rinpoche's great terma treasure, the *Bardo Thodol (Tibetan Book of The Dead)*.

Two Dharma classes commencing soon!

Rinpoche will be commencing two new texts before the end of the year. Dates to be finalised.

The great Mahayana classic, *Shantideva's 'A Guide To The Bodhisattva Way of Life'* will begin shortly in a new class starting at 7pm. Following completion of the *Bardo Thodol*, Rinpoche will teach on the *Kalachakra Tantra* at 8.30pm.

Please watch for announcements about these classes, both on Wednesday evenings. Bookings are not required for Wednesday Dharma. It is OK to attend occasional classes.

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Annual Mahakala Puja

When: 27 - 29 December 2013, 9.30am - 7pm (approx)
Where: Jamchen Buddhist Centre
Cost: $100/$90 3 day ticket, $40/$35 1 day.

Zimwock Rinpoche leads this awe-inspiring puja for world peace and to dispel obstacles in the year ahead.

The puja is chanted in Tibetan with traditional music and instruments. Join the chanting, play an instrument or simply listen. Come for 3 days, 2 days or 1. Ticket include lunch and refreshments.

Enquiries: Pauline on 0417 219 594

Saturday Meditation with Zimwock Rinpoche

When: 10 - 11am every Saturday during school terms (subject to Rinpoche's schedule).
Where: Jamchen Buddhist Centre
Cost: $15/$10 (members free)

An astonishing and varied guided meditation, followed by morning tea and mantra chanting.

Information, Enquiries, Bookings:
info@jamchen.com
0415 084 228
www.jamchen.com

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