Phase 4: Renewal 2024–2026

Nalandra Buddhist Institute

2024-2025

Teachings and Dharma Study

FNalandra continued its teaching program under H.E. Zim'og Rinpoche, studying Ganges Mahamudra and The Flight of the Garuda in 2024, followed by the Bardo Thoedrol in 2025. Saturday Dharma Chakra supported student-led study of Shantideva, Sakya Pandita and Parting from the Four Attachments, complemented by Rinpoche's talks and meditation. Classes remained available in person and online.

Practice, Retreats and Empowerments

Practice activity continued through Green Tara and 16 Arhat Pujas, Padmasambhava Tsok, Tsarchen Guru Yoga and Thursday Mindful Meditation. Rinpoche led Mahakala Grand Pujas for World Peace in December 2024 and June 2025. The Padmasambhava Guru Yoga Retreat on 1–4 November 2024 included a Guru Deva Chenpo torma initiation and was preceded by a refuge ceremony.

Community, Culture and Outreach

Community life included Losar celebrations with visiting Buddhist teachers and temple communities, and the Annual Animal Blessing and Picnic at Queens Park, Healesville, supporting Animal Aid Coldstream. Red Tara funds supported an Evidence Action program in Africa through The Life You Can Save Australia Ltd. Pastoral care, Buddhist Council of Victoria representation and UN Day of Vesak assistance continued.

Organisational Development and Governance

Organisational activity continued through volunteer working bees to maintain the property and prepare for special events, with senior students assisting the Centre's programs. A movie night at a member's home raised funds for Nalandra. These activities sustained the Centre's practical needs, combining property care, volunteer participation and fundraising in support of its teaching and practice life.

Major Events and Milestones

The key events of 2024–2025 were the November Padmasambhava Guru Yoga Retreat, the Annual Animal Blessing and Picnic on 8 December 2024, and Mahakala Grand Pujas on 28–30 December 2024 and 6–8 June 2025. Students also hosted Arnaud Coquillard's guest talk, Approaching the Teachings with Intelligence, in April 2025, complementing the Centre's regular teaching and community programs.

Renewal Phase
2024-2025

Mahakala Puja, 2024








Renewal Phase
2024-2025

Animal Blessing, 2024



Renewal Phase
2024-2025

Losar, 2025





Renewal Phase
2024-2025

Mahakala, Puja 2025





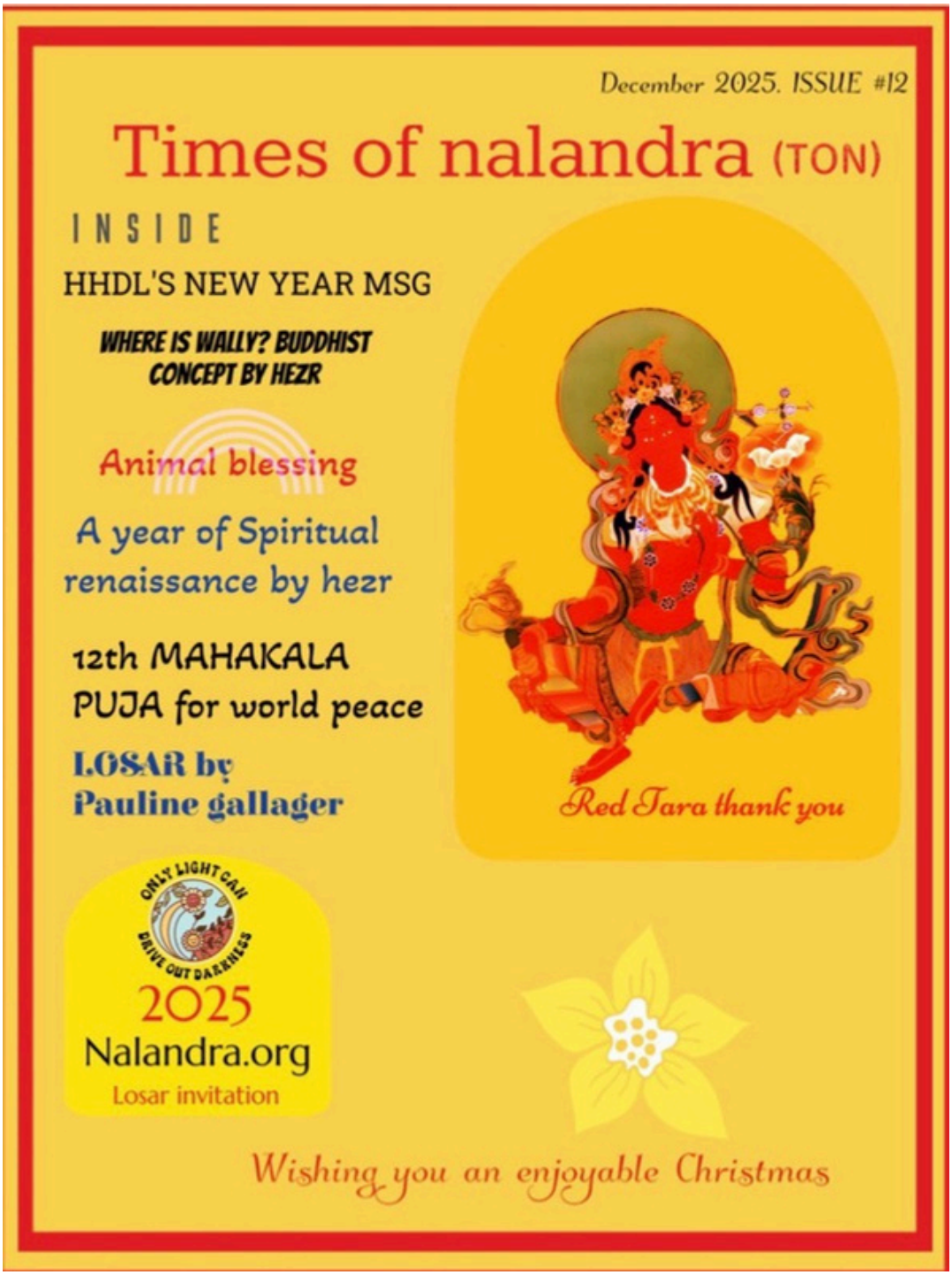






Renewal Phase
2023-2024

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Renewal Phase

2025-2026

Teachings and Dharma Study

Nalandra continued H.E. Zim'og Rinpoche's teaching program through Saturday study, guided meditation and sangha discussion, with in-person and online access. Study moved from Shantideva's Wisdom chapter to the Dhammapada, with Dharma Chakra renamed Dharmakaya; Wednesday offerings included Dharma Classics and a revised three-session Avalokiteshvara series, with commencement and a recording confirmed, while recordings supported continuity during Rinpoche's sabbatical.

Practice, Retreats and Empowerments

Practice continued through guided meditation, scheduled Green Tara and 16 Arhat Pujas, pilgrimage mind training and home observances for Losar, Miracle Month and Saga Dawa, replacing the proposed online marathon. The March Sakya Trizin visit included Padmasambhava, 21 Taras and Four-Arm Avalokiteshvara empowerments, together with a Mahakala Puja confirmed in the post-visit report.

Community, Culture and Outreach

Community life combined sangha gatherings, promotion of Dalai Lama birthday celebrations and visiting Buddha relics, and the completed Pure Land pilgrimage to India. The 14th Annual Animal Blessing with Quang Minh Temple brought together three Buddhist traditions, offered free vegetarian hospitality and raised a reported $6,000 for animal welfare, while volunteers supported inclusive community participation.

Organisational Development and Governance

Organisational work continued through Mandala membership, Board oversight, volunteer support, equipment sponsorship and property preparation for major events. Board records noted a director-appointment resolution, business-name renewal and reported review and approval of the Child Safety and Wellbeing Policy, maintaining the Centre's organisational continuity.

Major Events and Milestones

The key developments in 2025–2026 were the Sakya Trizin visit, the Animal Blessing and its reported fundraising outcome, and the completed Pure Land pilgrimage. Dhammapada study, the Dharmakaya name and follow-up Avalokiteshvara teachings marked program development, alongside continued Board, property and volunteer stewardship.

Renewal Phase
2025-2026

Animal Blessing, 2025



Renewal Phase
2025-2026





Renewal Phase
2025-2026







Renewal Phase
2025-2026

H.H Sakya Trizin Nalandra Visit, 2026











Renewal Phase
2025-2026





Renewal Phase
2025-2026





Renewal Phase
2025-2026





Renewal Phase
2025-2026

Newsletter - Issue 13 December 2025

TIMES OF NALANDRA

ISSUE 13 - DECEMBER 2025



GRATITUDE IN GLORY

My heartfelt address begins with a deep, reverent salute to the world's volunteers, singling out the extraordinary commitment shown by the volunteers of the Quang Minh Temple (Vietnamese Buddhist Temple, Victoria) and Nalandra Healesville, Victoria. It is the light of their service that anchors the peace and stability of our planet. I wish to offer a most sincere bow, appreciating the generous gifts of their time, devoted energy, precious resources, and boundless love for all beings.

This year holds an an exceptional constellation of events, as noted previously: the 80th natal year of my guru, His Holiness the Sakya Gongma; the 90th natal year of His Holiness the 14th Dalai Lama; and the centennial celebration of World Animal Day.

Click to view

Appendix 1

List of Dharma Publications by His Eminence Zim'og Rinpoche: Transliterations, Translations and Compilations

Title	Format	Date
Mahakala Grand Puja	Puja transliteration, Edition 1 Edition 2 Edition 3 Edition 4	Dec 2009 Dec 2012 Dec 2020 Dec 2023
The Heart Sutra	Prayer Revised	May 2010 Feb 2015
Medicine Buddha	Brief sadhana Revised	July 2010 Mar 2012
Eight Deities Mahakala	Brief torma offering, Edition 1 Edition 2	Nov 2010 May 2021
Saffron-Orange Manjushri	Short sadhana	May 2011
The 21 Taras	Sadhana Revision in preparation	Aug 2011 *2026*
Waxing Moon of Life and Glory, Prayers for the Annual Animal Blessing	Prayer book, 1st translation Revised Edition 3 Edition 4 Edition 5	Oct 2011 Oct 2012 Sep 2022 Nov 2023 Oct 2025
Vajrasattva	Brief sadhana	Aug 2012
The Crown Knot of Immortality (Padmasambhava)	Puja and tsok Revised	Feb 2013 Aug 2016
Shri Vajrapani Subduer of Maras	Sadhana and torma offering	Nov 2013
Brilliant Autumn Moon, Prayers for the Cycle of Kalachakra Tantra Teachings	Prayer book	Apr 2014
Eleven-Faced Buddha Avalokiteshvara	Sadhana	Jun 2014

Appendix 1

List of Dharma Publications by His Eminence Zim'og Rinpoche: Transliterations, Translations and Compilations (continued)

Title	Format	Date
The Shower of Blessed Nectar, Profound Guru Yoga of Lord Tsarchen Losal Gyatso	Sadhana and Prayers	Aug 2014
Long Life Prayer of Khenpo Ngawang Dhamchoe	Song	? 2014
Under the Perennial Parasol of the Eight Mahakala Mandala An Auspicious Cave	Short sadhana	Jan 2015
Shri Nalandra Prayer Book	A Compilation of Prayers, Mantras and Songs	Feb 2015
Vajra Yogini, Path to a Resplendent Coral Queen	Sadhana, torma offering and tsok	Mar 2016
Tri-Ratna Solitary Vajrasattva	Sadhana	Apr 2016
Concise and Precious Six-Armed White Mahakala Practice	Puja and torma offering	Mar 2022
Mala Blessing	Prayer	Apr 2022
Prayer to the Exalted Guru the Tathagat Luding Sharchen Dorje Chang Ngawang Tenpei Nyima	Song	Feb 2023
The Indivisible Guru Yoga of Padmasambhava with the Root Guru	Sadhana and tsok	Nov 2024
Losar - New Year Prayers	Prayer book	Feb 2025
Long Life Prayer for HH Gyana Vajra Rinpoche of Sakya Khön	Song	Mar 2026
Rainfall of Compassion, The Royal Lineage of Four'Armed Chenreyig	Sadhana	Apr 2026

Notes:

Puja	Group deity practice
Sadhana	Individual deity practice
Torma offering	Ritual of offering sacred cakes to the deities
Tsok	Ritual feast

Appendix 2

List of Dharma Teachings by His Eminence Zim'og Rinpoche on traditional texts

Year	Teaching text
2009–2010	Shantideva — A Guide to the Bodhisattva Way of Life (taught three times; continued 2010–2012)
2010	Nagarjuna — Letter to King Gautamiputra
2012	Atisha — Lamp for the Path to Enlightenment
2012	Nagarjuna — A Drop of Nourishment for People and its commentary The Jewel Ornament
2013	Padmasambhava — Bardo Thödöl (The Tibetan Book of The Dead)
2014–2015	Kalachakra Tantra — Ornament of Stainless Light by Khedrup Norsang Gyatso
2015	Ordinary Wisdom — Sakya Pandita's Treasury of Good Advice; Vajra Yogini (Naro Khachod), Term 3
2016	Vajra Yogini practice, three sessions in Term 1
2016–2017	Words of My Perfect Teacher by Patrul Rinpoche; Ngondro (preliminary practice) transmission
2017–2019	Dakpo Tashi Namgyal — Mahamudra the Moonlight, Quintessence of Mind and Meditation
2020–2021	Three Visions: Fundamental Teachings of the Sakya Lineage of Tibetan Buddhism by Ngorchen Konchog Lhundrub
2021	Tsarchen Losal Gyatso — Song of the Road: The Poetic Travel Journal of Tsarchen Losal Gyatso
2021	Exalted Sublime Golden Light — A Mahayana Sutra transmission
2021	Ordinary Wisdom — Sakya Pandita's Treasury of Good Advice, continued
2021	Ordinary Wisdom — Sakya Pandita's Treasury of Good Advice, translated by John T. Davenport
2021	Golden Light Sutra transmission and teachings
2022	Niguma Cycle — Stages in the Path of Illusion, Dakini Cycle, from Niguma: Lady of Illusion

Appendix 2

List of Dharma Teachings by His Eminence Zim'og Rinpoche on traditional texts (Continued)

Year	Teaching text
2023	Ornament of Stainless Light: An Exposition of the Kalachakra Tantra by Khedrup Norsang Gyatso
2023	Insights and observations from the Rinchen Terdzo (Treasury of Precious Termas) series at RumtekMonastery bestowed by His Eminence 10th Sangye Nyenpa Rinpoche
2023	Dharma Knowledge and the Six Dharmas of Niguma/Mahamudra Amulet.
2024	Ganges Mahamudra — profound instructions passed from Tilopa to Naropa on the direct experience of the nature of mind
2024	The Flight of the Garuda by Shakbar Tsogdruk Rangdrol
2024	Parting from the Four Attachments, His Eminence Chogye Trichen Rinpoche
2025	Bardo Thoedrol — The Tibetan Book of the Dead
2025	Teaching series on the Avalokiteshvara Empowerment bestowed at Nalandra in 2025 by His Holiness the 43rd Sayka Trzin

Appendix 3

List of Initiations/ Empowerments/ Transmissions Bestowed by His Eminence Zim'og Rinpoche in Australia

Year	Initiation / empowerment / transmission
2010	Medicine Buddha; Eight Deities Mahakala
2011	Orange Manjushri; 21 Taras
2012	Medicine Buddha; Shri Heruka Vajrasattva
2013	Padmasambhava (Guru Rinpoche); Vajrapani empowerment and residential retreat
2014	Eleven-faced Avalokiteshvara empowerment and 2 day non-residential retreat
2016	Cittapati/Cittamara Lord of the Cemetery; Vajrasattva (Dorje Sempa) empowerment and non-residential retreat; Padmasambhava
2017	Ngondro (preliminary practice) transmission
2019	Vajrasattva; White Manjushri; Avalokiteshvara; Padmasambhava (Guru Rinpoche); Mahakala 8 Deities (Gurgyi gonpo)
2020	Medicine Buddha; Green Tara, Peaceful by Day, Wrathful by Night
2021	Golden Light Sutra Transmission
2022	White Mahakala empowerment and five-day White Mahakala Retreat
2026	Mahakala Initiation