Phase 3: Consolidation & Planning 2018–2023

Nalandra Buddhist Institute

2018–2019

Teachings and Dharma Study

H.E. Zim'og Rinpoche continued teaching Mahamudra the Moonlight, Quintessence of Mind and Meditation until commencing retreat in India during 2019. Saturday Dharma Discourses continued with students studying Shantideva's The Way of the Bodhisattva. Tibetan language classes and student led Vajrayana practice classes were also offered.

Practice, Retreats and Empowerments

Regular Padmasambhava Tsoks, Green Tara Pujas and occasional Vajrayogini Tsoks continued. Losar, Saga Dawa, refuge ceremonies and annual Mahakala Puja activities were conducted. A series of three Mahakala musical instrument practice classes were held. Rinpoche also undertook retreat in India.

Community, Culture and Outreach

Animal Blessing ceremonies were held at Lilydale Lake Park and Dogapalooza, including a $500 donation to Animal Aid. Working Bees included parking, drainage, landscaping and general property maintenance, while work also continued at the Padma Retreat Centre in India.

Organisational Development and Governance

AIVBI and Jamchen made significant progress toward operating as a single entity while retaining DGR and Gift Fund arrangements. The Ringwood East property continued to be maintained through working bees and planning activity.

Major Events and Milestones

- Maroondah City Council approved the Gompa planning permit with conditions. Following objections and mediation, VCAT upheld approval of the plans with conditions.
- Significant progress toward merger completion

Planning & Consolidation Phase
2018-2019

Mahamudra Teachings











Planning & Consolidation Phase
2018-2019

Dharma Discourses





Planning & Consolidation Phase
2018-2019

Mahakala Puja 2018







Planning & Consolidation Phase
2018-2019

Vajrayana practice classes





Animal Blessing at Lilydale Lake Park - flyer and newspaper publicity

His Eminence Zimo'g Rinpoche's

10th Animal Blessing Ceremony



Jack the Kelpie receiving blessings from Zimo'g Rinpoche in 2017

Sunday 28 October 2018
Lillydale Lake Park

Inspired by World Animal Day, this ceremony is dedicated to the wellbeing of all animals, past, present and future.

It includes recitation of Buddhist sutras, mantras and offering prayers for the health, longevity and release from suffering of our beloved animal friends. The animals are given blessing cords and blessed water and food. The ceremony will be followed by a vegetarian picnic lunch. All donations go to Animal Aid.

You are welcome to participate by bringing a pet. Children may even bring their stuffed toys for blessing! If you intend to bring any large animals, please let us know. The names and photographs of any animals that need prayers can be brought for the blessing if they are unable to come or are no longer with us. A great opportunity to assist our animal friends on the path to liberation and an enjoyable day for the whole family!

"Rescuing, saving, and freeing animals increases longevity and brings richness." Buddha.

Donations For Animal Aid

Participation is by donation. Proceeds will go to Animal Aid, a not-for-profit agency that provides foster care and adoption services. Animal Aid volunteers will attend the blessing with some dogs for adoption.

Schedule

10:30am Registration
11:00am Blessing Ceremony
12:30pm Vegetarian Lunch

Please Bring

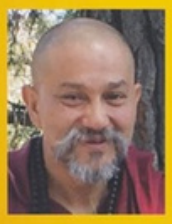
- Your animal friend/s
- Chairs or picnic blanket
- Food to share if able



Smudge with the Buddha in her garden

Venue

Lillydale Lake, Lilydale. Entry via 435 Swansea Road. Head to the Community Room/Hall and follow the path towards the lake. Look for Tibetan prayer flags on your right near the outdoor fitness centre.



Zimo'g Rinpoche

His Eminence Zimo'g Rinpoche 6th is a pre-eminent Sakya master of the 600 year old Tsarpa lineage of Tibetan Buddhism. He is delighted to be offering his 10th Annual Animal Blessing since his arrival in Australia. Rinpoche is Spiritual Director of Nalandra Buddhist Institute.

NALANDRA BUDDHIST INSTITUTE
21-23 Ruthven Way, Ringwood East, Victoria 3135
nalandrainstitute@gmail.com • 0425 841 913 • www.nalandra.org

maroondahleader.com.au

IT'S A BLESSING FOR OUR PETS

ANIMALS of all shapes and sizes are welcome at a Lillydale Lake animal blessing.

The 10th annual event organised by Nalandra Buddhist Institute invites animal lovers and pet owners to bring along their fur babies to the space near the community hall at 10.30am on Sunday, October 28.

Animal Aid's community engagement officer Flic Ammann said the Institute's spiritual director His Eminence Zimo'g Rinpoche would be conducting the ceremony.

"Inspired by World Animal Day, the ceremony is dedicated to the wellbeing of all animals past, present and future," Ms Ammann said.

"All are welcome to bring a pet – children may even bring their favourite animal toy.



His Eminence Zimo'g Rinpoche with Irish wolfhound-crosses Wallace and Harvey. Picture: HAMISH BLAIR

Animal Blessing at Lilydale Lake Park - newspaper publicity



Leader

Tuesday October 23 2018 | lilydaleleader.com.au

MORE GRIST FOR THE MILL
PAGE 5

37 PAGES OF HOT PROPERTIES
PAGE 15

SPLASH

IT'S A BLESSING

ne and join His Eminence
imo'g Rinpoche — and
rvey and Wallace — for
annual animal blessing
at Lillydale Lake.
REPORT PAGE 3

Susan, who needs a new home, with His Eminence Zimo'g Rinpoche. Picture: ROSS CAIRNS

Blessings for all animals

Animals that have passed, animals that are here now, and animals to come - all will be acknowledged at the 10th annual Nalandra Buddhist Institute animal blessing.

On Sunday 28 October, animal lovers and pet owners are invited to bring along their pet for a blessing from Nalandra's spiritual leader His Eminence Zimo'g Rinpoche.

Participation is by donation to Coldstream's Animal Aid to give homeless animals a first-rate second chance.

The event will take place at Lilydale Lake, near the community hall, at 10.30am.

Tibetan prayer flags will be visible on the right.

A vegetarian picnic lunch will follow the ceremony.

World Animal Day inspired the event, dedicated to the wellbeing of all animals past, present and future.

All are welcome to bring a pet - children can even bring their favourite animal toy - or photographs of deceased pets for blessing.

All receive blessing cords, blessed water and food.

Animal Aid volunteers will attend the blessing with dogs that are available for adoption.

PETS TO BE BLESSED BY BUDDHIST MONK

Laura Armitage

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"Inspired by World Animal Day, the ceremony is dedicated to the wellbeing of all animals past, present and future," Ms Ammann said.

"All are welcome to bring a pet — children may even bring their favourite animal toy.

"All pets attending receive blessing cords, blessed water and food."

She said participation was by donation, with proceeds going to Animal Aid.

Ms Ammann said for animals not able to attend or those who are dead, owners could bring along a photograph.

The ceremony will be followed by a vegetarian picnic lunch and everyone is encouraged to bring food to share.

His Eminence Zimo'g Rinpoche with Irish Wolfhound-Crosses Wallace (left) and Harvey.

Animal Blessing at Lilydale Lake Park - newspaper publicity

NEWS

Blessings for animals

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Saxon, who needs a new home, with His Eminence Zimo g Rinpoche. 186409
Picture: ROB CAREW





Planning & Consolidation Phase
2018-2019

Animal Blessing at Ruffey Lake Park





Animal Blessing at Dogapalooza





Planning & Consolidation Phase
2018-2019

Newsletter - Issue 7, June 2019

Nalandra News

Issue 7, June 2019



His Eminence Zimo'g Rinpoche, known locally as Orange Lama (Lama Serpo) being greeted by community leaders near Bhanodi, India.

Dear Mandala members and friends,

I want to start with words of acknowledgement to those who deserve my love and gratitude, the selfless volunteers who have helped me to deliver goodness in others' lives, be it for animal or human welfare, by contemplating the words of Buddha. The goodness of our good works is a unique happiness and indeed a sign of a re-birth.

In the grove of Ringwood East during my five-month retreat at Nalandra India in 2018, happy Nalandrians kept their sacred duty of pursuing the role of student-teacher training, by teaching the Dharma Discourses of Lord Shantideva's classic text, debating by Q&A, and engaging in meditational contemplations and practices through the three doors of body speech and mind. Tibetan language classes also ran fluently. Everything proceeded smoothly like fine silk, and they even began using each others' Dharma or refuge names whilst at the centre, a good sign of growing Dharma in their mind streams and lifestyles. Upon my return they gracefully welcomed me and put me back on my duty of teaching, and offering of the Animal Blessing and days of Mahakala Puja.

In mid June this year the time has come again to say goodbye and seize the privilege that has been granted also from my wife. I'm returning to the Nalandra Padma Retreat Centre (PRC), Bhanodi, in the juniper ranges at the feet of Buddha Padmasambhava, for a few months of study and retreat.

I am glad to share that the goals I set for the past year have been achieved. Thanks to the dollar value, to my Himalayan people and to a memorable 2018, we've built a Mahakala temple, almost finished the Tara Guest House, restored the previous guru Lama Serpo's graveyard, and my Australian-style lounge and residence.

During my stay in 2018 the Bhanodi people hosted a big festive day in my honour. Several hundred local people flocked to the PRC along with the deputy speakers of the state. The deputy speaker (third in a rank)



Click to view

Planning & Consolidation Phase

2019-2020

Teachings and Dharma Study

In May 2020 Rinpoche commenced teaching Three Visions: Fundamental Teachings of the Sakya Lineage of Tibetan Buddhism by Ngorchen Konchog Lundrub. Classes were delivered at Nalandra and through Zoom in response to COVID-19 restrictions. Introductory Buddhism 101 courses were offered by senior students.and Saturday Dharma Discourses continued.

Practice, Retreats and Empowerments

Saturday meditation, Monday meditation, Padmasambhava Tsoks and Vajrayogini practice continued. Refuge ceremonies were held and empowerments included Medicine Buddha, Green Tara Peaceful by day Wrathful by night, and Padmasambhava. A major pilgrimage was conducted to Ladakh, the holy sites of Bihar, Darjeeling, Sikkim and Kalimpong. The annual Animal Blessing Ceremony was held at Ruffey Lake Park. Tibet Gallery, Nalandra's Dharma store was opened and consecrated.

Community, Culture and Outreach

The community maintained connection through online activities and adapted teaching formats. Future-of-Nalandra meetings were held and members committed to supporting the Centre through ongoing pledges.

Organisational Development and Governance

The merger between AIVBI and Jamchen was completed in April 2020, creating a single AIVBI/Nalandra structure while retaining the Gift Fund and DGR status. The Tibet Outlet online shop was launched.

Major Events and Milestones

- Completion of the AIVBI–Jamchen merger
- Implementation of online teaching during COVID-19

Planning & Consolidation Phase
2019-2020

Series of Empowerments



Planning & Consolidation Phase
2019-2020

Series of Empowerments







Planning & Consolidation Phase
2019-2020

Series of Empowerments





Planning & Consolidation Phase
2019-2020

Series of empowerments









Planning & Consolidation Phase
2019-2020

Series of Empowerments











Planning & Consolidation Phase
2019-2020

Opening and consecration of the Tibet Gallert in Ringwood East









Planning & Consolidation Phase
2019-2020

Ladakh/India Pilgrimage, September 2019







Planning & Consolidation Phase
2019-2020

Ladakh/India Pilgrimage, September 2019







Planning & Consolidation Phase
2019-2020

Ladakh/India Pilgrimage, September 2019





Planning & Consolidation Phase
2019-2020

Ladakh/India Pilgrimage, September 2019







Planning & Consolidation Phase
2019-2020

Mahakala Musical instrument practice days





12th Annual Mahakala Puja 5 days at Christmas Hills



Mahakala Puja at Christmas Hills









Planning & Consolidation Phase
2019-2020

Mahakala Puja at Christmas Hills







Planning & Consolidation Phase
2019-2020

Animal Blessing at Ruffey Lake Park





New Year celebrationJanuary 2020







Planning & Consolidation Phase
2019-2020

New Year celebration January 2020











Planning & Consolidation Phase

2020-2021

Teachings and Dharma Study

Rinpoche completed teachings on 'Three Visions' and then taught from Lord Tsarchen's 'Song of the Road: The Poetic Travel Journal of Tsarchen Losal Gyatso'. Buddhism 101 classes and Dharma Discourses continued throughout the year.

Practice, Retreats and Empowerments

Green Tara Pujas, Mahakala instrument training, Losar, Chotrul Duchen and Saga Dawa observances continued. The annual Mahakala Puja for World Peace was conducted with expanded practice sessions and supporting rituals.

Community, Culture and Outreach

Teaching, meditation and pastoral support continued through a combination of face-to-face and Zoom delivery. Newsletter publication and online engagement remained active.

Organisational Development and Governance

The most significant organisational development was securing and relocating to Serkhang Nalandra in Healesville. Membership, registrations and administrative arrangements continued to be integrated through Tibet Outlet systems.

Major Events and Milestones

- The decision to establish Nalandra at Healesville and completion of the relocation process marked a major new chapter in the Centre's history.

Mahakala Puja 2020





Planning & Consolidation Phase
2020-2021

Mahakala Puja 2020











Treasure Tin Fundraising for HEZR's Future Vision

It might be too early too soon to set out revolutionary Nalandra. I believe good work is advice in itself, itself a treasure, a source of a thousand lights. So please allow me to express my vision. In the ancient saying "wait not for fun if not today, tomorrow ". So it's for the dawn of tomorrow. Zr

Treasure Tin
Gift Fund Donation

This was in the pipeline of the previous Jamchen Buddhist Centre in Balwyn. It was our pre-eminent Root Guru His Eminence Chogye Trichen Rinpoche's wish to establish his closest Western centre which was incredibly named after Jamchen Lhakhang Monastery in Kathmandu. There upon a Gift Fund with DGR (Deductible Gift Recipient) status was established and donation tins were sent to homes. A church in Kew was almost purchased to transform into a Gompa, with TL & Ani Tsedron as guarantors. However, due to the grave circumstances of our great Root Guru's leaving his temporary form and also due to some other reasons, this mission was left unaccomplished. It feels like He is still waiting on it to be completed. We're very fortunate to be in a position to keep this flame alight and time has been ripening to reinstate his Noble Wishful pillar with his sacred Mahakala Thangka left behind for us to propitiate.

Although Serkhang remains the headquarters, a safe retreat/nursing centre would be befitting for the upcoming Buddhist seniors of our generation. There will be a Budhha garden, a heavenly coffee lounge, views of Stupas and sunsets, chiming prayer wheels and circumumbulation treks. Little Temples for dedicated Deities such as VY, Tara, Manju & Dharma protectors; A village really, with ample space for a Buddhist Museum, Arts & crafts, Tsa tsas, Tormas, and Mandala making etc. All within the vicinity of the main Buddha hall. A self-sufficient community with our own souvenir for others to carry into the future.

Please keep a Treasure tin in your shrine room to remind you of the great future. Even though it's a long shot vision, I, Zimo'g Rinpoche am wishing in earnest for this dream to come true but without your help and advice cannot make it happen. May we together fulfil this great wish to benefit our fellowship for many eons.

Treasure tins are available at Nalandra, please visit and take one home.

Nalandra was the seat of the Holy Chogye Trichens and Zim'ogs, who were emanations of Jamchen the Great Maitreya.

Planning & Consolidation Phase 2020-2021

Newsletter - Issue 8, November 2020



Nalandra Newsletter

Issue 8, November 2020

"Truth or fiction! Fiction needs sense, Truth stands alone" HEZR

"We collect ourselves in pieces. In pieces we're found & in pieces we go. You be you not everybody else. Everybody else is easy". HEZR

We wish you longevity & a very Happy B'day His Eminence Zimo'g 6th. Capricorn born: patient, steadfast & trustworthy Rinpoche. Hallelujah!

Covid Message from Nalandra

Nalandra offers sincere prayers and condolences to all affected by the Covid-19 pandemic, including those who have lost their lives or are still recovering. Our solemn gratitude to all the first responders who have worked tirelessly to fight the disease: nurses, doctors, health workers, volunteers, and to the government who has been very generous in looking after its own people. Rinpoche sends his gratitude to Nalandra's admin workers and volunteers who guided us through Covid safety, and for their technical skills to allow the teachings to flow uninteruptedly. Rinpoche also thanks Mandala Members for their swift adjustment to the online system.

Dharma Discourses Talk given by HEZR on 9 May 2020, transcribed by Paris Trinley

Sorry I did not take any notes from your talks. Not to mention, I was a little too late today. However, I have been listening to the rest of your Dharma Discourses, and you will see, whenever I talk, it is always your reasonings from different angles. And you will see 'Rinpoche has touched on the very being that is right here and abroad'. I often and more contently prefer to talk without names, no labels. Don't think that 'Rinpoche has not answered my question' because

1

Click to view

Planning & Consolidation Phase

2021-2022

Teachings and Dharma Study

Rinpoche taught from Ordinary Wisdom: Sakya Pandita's Treasury of Good Advice, offered a Golden Light Sutra transmission, and commenced teachings from Niguma: Lady of Illusion. Dharma Chakra sessions and Meditation for Life programs continued. 1

Practice, Retreats and Empowerments

A White Mahakala Empowerment and Retreat was held in April 2022. Green Tara Pujas, Mahakala Puja, Losar observances, Padmasambhava Tsoks and special prayer activities continued throughout the year.

Community, Culture and Outreach

The Awakening Musical Evening and the formal inauguration of Nalandra at Healesville strengthened community engagement. Special guests Venerable Thich Phuoc Tan (along with ordained and lay sangha members from the Quang Minh Temple) and Venerable Chi Kwang from Seon Temple in Kinglake brought together Buddhists from Tibetan, Vietnamese and Korean traditions to celebrate the official inauguration of Nalandra in Healesville. Buddhism 101 and meditation programs continued to provide access for new students.

Organisational Development and Governance

The Healesville centre became fully operational. Governance structures continued to develop under the consolidated AIVBI/Nalandra model, supported by working bees, newsletters and fundraising planning.

Major Events and Milestones

- White Mahakala Retreat
- Inauguration of the Healesville centre, Serkhang Nalandra

Nalandra's Inuaguration with Ven Thich Phuoc Tan, 2022





Planning & Consolidation Phase
2021-2021





Planning & Consolidation Phase
2021-2022











Planning & Consolidation Phase
2021-2022

Newsletter - Issue 9, November 2021



ISSUE 009
Nalandra Newsletter

It has come near to the end of 2021. Firstly, I simply wish to thank you for the foremost part you played during these tough times through the ordinary stage to the stages of the teaching, study, and reflection. You've offered enough to the outer world by visiting, listening and praying for those who cannot be helped, yet never shifted by, to or from the dizziness of life along with restrictions. Visible, invisible, intended or unintended, causes are recorded effortlessly in the universal law (karma) like a magnet that draws it's chip. This way also, I've come to learn from Western Buddhists many languages & grammar of a life that's distinct and useful, so I pray to be your wholesome associate in this and every life. Thank you & genuine Tashi delek to you.

Every individual human being has come so far in the sea of life regardless of age. Be it a child born yesterday or a 90 year-old man. They both live within the mouth of death and they both live a day before the end. So age doesn't matter. For an adult life, we've seen many odds and we are audacious by nature. It's a projected camp.

The lessons we learned by cruising in the land of sea and it's creatures are all about how to make another one and only mistake. Mistakes/ experiences don't add up to make it right another time, it's the opposite. We've gone to every extent of the other shore and returned (empty handed), seeing that was not the destination. In a single life we try a thousand and one times to go to the other shore to fail, back to scratch (it can only build up the bookstore to the streets and hands to the neck). We might even end this life once again at the wrong shore, or have returned home to pack up the project of life & living to say goodbye to this projected life.

A project always has turns. So change occurs every time in this life like another chance, like every fresh tide at the shore in the hands of the great sea seeks its middle, however it ends up meeting yet another

Buddha wants us to craft A Samaya Sattva from our Purities within

Yoga yog Yogin
Water, wood, cook, broom, clay, & Meditation
This was the way of ancient Yogis.
Walk, train, sweep, write, Purification & Meditation
This is the ordeal life of new Yogis.

Sattva comes Sattva goes

Thank you Annabel (Paldron) Martin for your great generosity in sponsoring this newsletter. Due to the circumstances it had to be reprinted. Therefore HEZR sends a multitude of great fullness to Prue (Khando) Lamont for further sponsorship. For your patience and understanding, he sends outpouring wishes.

Note from the Editors:
Deep appreciation to HE Zimo'g Rinpoche for his extraordinary generosity and creativity, and the blessings in bringing this Newsletter to fruition. We endeavour to deliver at least 3 annual newsletters for your enjoyment in Dharma.

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Planning & Consolidation Phase

2022-2023

Teachings and Dharma Study

Nalandra continued its regular teaching and study program centred on H.E. Zim'og Rinpoche's Dharma teachings, supported by Saturday Dharma Discourses, guided meditation and sangha-led study. The program continued to draw on earlier formats developed through the Three Visions teachings, Shantideva study, introductory Buddhism sessions and student-led presentations, maintaining both in-person and online access where needed.

Practice, Retreats and Empowerments

Practice activity in 2023 continued through regular Padmasambhava Tsoks, Vajrayana practice, 16 Arhat Pujas for major Tibetan calendar observances, Green Tara and Mahakala-related practice, and the annual Mahakala Puja. The year also carried forward the Centre's emphasis on refuge, mantra recitation, student practice leadership and the maintenance of regular meditation and ritual practice after the disruption of the pandemic years.

Community, Culture and Outreach

Community life in 2023 focused on sustaining sangha connection through regular gatherings, animal blessing activity, public-facing Dharma and meditation opportunities, and cultural continuity through Tibet-related programs and the Tibet Gallery/Tibet Outlet stream of activity. The Centre's outreach continued to reflect its established pattern of combining Dharma, Tibetan culture, animal welfare, public talks and inclusive community participation.

Organisational Development and Governance

By 2023, Nalandra was operating within the single AIVBI/Nalandra structure created through the completed AIVBI–Jamchen merger, with the Gift Fund and DGR status preserved. Governance work continued through board and office-bearer oversight, property maintenance, fundraising and planning for the Centre's longer-term teaching, practice and gompa needs.

Major Events and Milestones

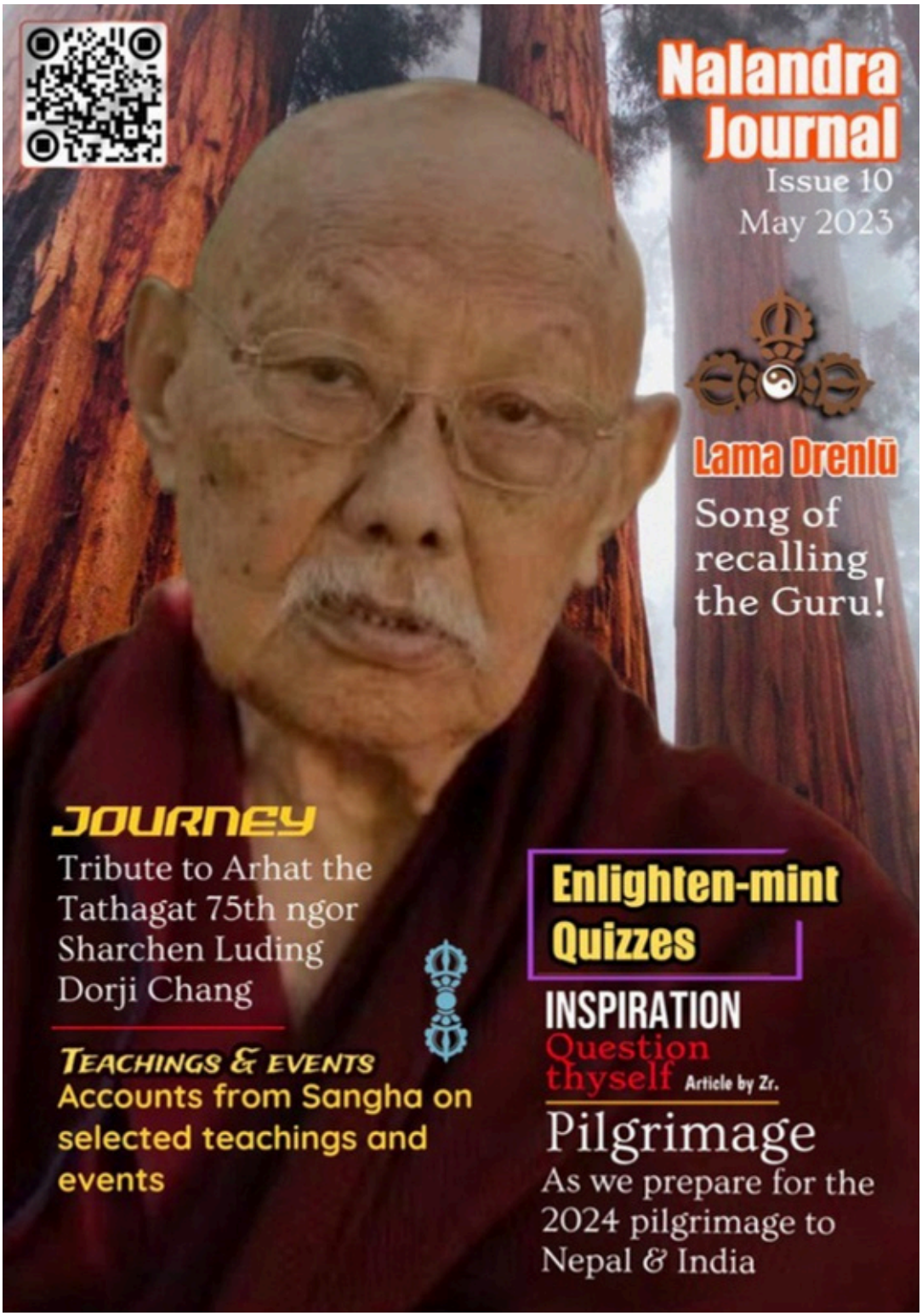
The key 2023 themes were the consolidation of post-pandemic teaching and practice life, continued Mahakala, Padmasambhava and 16 Arhat practices, ongoing community and animal blessing activity, continued property and governance stewardship, and the maintenance of Nalandra's institutional continuity following the completed merger.

Planning & Consolidation Phase
2022-2023

Animal Blessing, 2023



Newsletter - Issue 10, May 2023



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Planning & Consolidation Phase

2023-2024

Teachings and Dharma Study

Nalandra continued its teaching program under H.E. Zim'og Rinpoche, including classes from Sikkim on the Rinchen Terdzo, Dharma Knowledge and the Six Dharmas of Niguma/Mahamudra Amulet. Saturday Dharma Chakra supported student-led study of Shantideva and Sakya Pandita, with assistance from H.E. Dagpo Rinpoche. Buddhism 101 classes continued, with teaching available in person and online.

Practice, Retreats and Empowerments

Practice activity continued through Green Tara Pujas, 16 Arhat Pujas for Losar, Saga Dawa and Lhabab Duchen, and a Padmasambhava Tsok for Guru Rinpoche Day. The Mahakala Grand Puja for World Peace was held at Serkhang Nalandra, Healesville, on 28–30 December 2023. Thursday Mindful Meditation classes and Saturday guided meditations sustained regular practice throughout school terms.

Community, Culture and Outreach

Community activity included animal blessings at Edgar's Mission and Healesville, with the annual blessing supporting Animal Aid. A pilgrimage to India and Nepal was planned, and Red Tara fundraising supported families in developing countries. Spiritual guidance, pastoral care and blessings continued, alongside Buddhist Council of Victoria representation and assistance with the Dharmachakra Award Ceremony at the UN Day of Vesak.

Organisational Development and Governance

Organisational activity focused on volunteer support, property maintenance and preparation for special events through regular working bees. Senior students assisted with the Centre's teaching and meditation programs, supporting continuity while Rinpoche was overseas. Participation in a Buddhist Council of Victoria Child Safety Information Session formed part of the year's organisational activity.

Major Events and Milestones

The key themes of 2023–2024 were the continuation of teaching during Rinpoche's overseas stay, the completion of Shantideva's Dedication chapter, the December Mahakala Grand Puja for World Peace, and animal blessing events involving visiting Buddhist teachers. Pilgrimage planning and Red Tara fundraising extended the Centre's established emphasis on Dharma study, community connection and charitable activity.

Mahakala Puja, 2023








Newsletter - Issue 11, December 2023



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