



THE SCHOOL OF EMOTIONALLY HEALTHY LEADERSHIP

EMOTIONALLY HEALTHY RELATIONSHIPS
AUSTRALASIA 23 JULY - 10 SEPTEMBER 2026

Syllabus

BEFORE THE COURSE

- 1** PURCHASE THE FOLLOWING REQUIRED TEXTS FROM YOUR PREFERRED RETAILER:

THE EMOTIONALLY HEALTHY DISCIPLESHIP BY PETER SCAZZERO

EMOTIONALLY HEALTHY RELATIONSHIPS COURSE WORKBOOK
BY PETER & GERI SCAZZERO

EMOTIONALLY HEALTHY RELATIONSHIPS DAY BY DAY
A 40-DAY JOURNEY WITH THE DAILY OFFICE
BY PETER SCAZZERO
- 2** READ ALL OF THE EMOTIONALLY HEALTHY DISCIPLESHIP BEFORE THE FIRST SESSION
- 3** READ CHURCH CULTURE REVOLUTION EBOOK
(DOWNLOAD FOR FREE)
- 4** TAKE THE EHS PERSONAL ASSESSMENT



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*EMOTIONALLY HEALTHY RELATIONSHIPS FOR LEADERS
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DURING THE COURSE

- 1** ATTEND ALL 8 SESSIONS

- 2** COMMIT TO THE DAILY OFFICE
(SILENCE AND DEVOTIONALS 2 X DAILY)

- 3** PRACTICE THE EH RELATIONSHIPS SKILLS BETWEEN SESSIONS

- 4** COMPLETE WEEKLY PRE-READINGS FROM THE WORKBOOK
AND REREAD WEEKLY CHAPTERS FROM EHD

- 5** MEET 1-1 WITH YOUR TABLE LEADER AFTER SESSION 3
AROUND YOUR GENOGRAM OUTSIDE OF COURSE TIME



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	DATE	SESSION	READ BEFORE THE SESSION	READ/PRACTICE AFTER THE SESSION
1	31 JULY 2025	Take Your Community Temperature Reading (CTR)	EHR Workbook: Session 1 EH Discipleship: Chapter 1	Day by Day: Week 1 Practice skills: 2-3 x this week
2	7 AUGUST 2025	Stop Mind Reading and Clarify Expectations	EHR Workbook: Session 2 EH Discipleship: Chapter 7	Day by Day: Week 2 Practice skills: 2-3 x this week
3	14 AUGUST 2025	Genogram Your Family	EHR Workbook: Session 3 EH Discipleship: Chapter 8	Day by Day: Week 3 Practice skills: 2-3 x this week Book a Genogram meeting time
4	21 AUGUST 2025	Explore the Iceberg	EHR Workbook: Session 4 EH Discipleship: Chapter 6	Day by Day: Week 4 Practice skills: 2-3 x this week
5	28 AUGUST 2025	Incarnational Listening	EHR Workbook: Session 5 EH Discipleship: Chapter 3	Day by Day: Week 5 Practice skills: 2-3 x this week
6	4 SEPTEMBER 2025	Climb the Ladder of Integrity	EHR Workbook: Session 6 EH Discipleship: Chapter 4	Day by Day: Week 6 Practice skills: 2-3 x this week
7	11 SEPTEMBER 2025	Clean Fighting	EHR Workbook: Session 7 EH Discipleship: Chapter 9	Day by Day: Week 7 Practice skills: 2-3 x this week
8	18 SEPTEMBER 2025	Develop a 'Rule of Life' to Implement Emotionally Healthy Skills	EHR Workbook: Session 8 EH Discipleship: Chapter 5	Day by Day: Week 8 Practice skills: 2-3 x this week



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EACH PARTICIPANT AT THE COMPLETION OF BOTH COURSES WILL:

- 1 SLOW DOWN TO BE WITH JESUS IN SILENCE, STILLNESS, AND SCRIPTURE
- 2 PRACTICE SABBATH DELIGHT AND RHYTHMS
- 3 APPLY GENOGRAM THEOLOGY TO THEIR PERSONAL FORMATION AND LEADERSHIP, IDENTIFYING 1-2 SIGNIFICANT VULNERABILITIES/AREAS OF FOCUS
- 4 TRANSFORM THE LEADERSHIP OF THEIR TEAM AND MINISTRY CULTURE BY MASTERING KEY EH RELATIONSHIP SKILLS (CTR, STOP MIND READING, CLARIFY EXPECTATIONS, EXPLORE THE ICEBERG, AND SPEAKING; AND BEGIN INTEGRATING INCARNATIONAL LISTENING, THE LADDER OF INTEGRITY, AND CLEAN FIGHTING)
- 5 BE PRESENT WITH THEMSELVES, BECOMING AWARE OF THEIR INTERIOR WORLD (I.E. THEIR EMOTIONS AND THOUGHTS) IN ORDER TO DISCERN GOD'S WILL MORE CLEARLY
- 6 TAKE FIRST STEPS TO REDEFINE THEIR 'LEADERSHIP SCORECARD FOR SUCCESS' IN ORDER TO LEAD FROM A DEEPER, MORE INTEGRATED PLACE IN GOD'S LOVE AND THEIR UNIQUE PERSONHOOD/CALLING
- 7 LEAD THEIR TEAM, OUT OF THEIR LIVED EXPERIENCE, TO DISCIPLE OTHERS WHO WILL THEN DISCIPLE OTHERS