

Basic Processes with the Genius

These are three Basic Processes to use with the Genius. Think of them as frequency recipes. Add the Reds and Blues of each category into the Main Hold Tray and “Begin a Session”.

When running these frequencies, I find it works well if you run them for 15-30 minutes, then rescan and play again. You can play and rescan 1-4 times depending on how well the Reciever’s body is ready to be introduced to many frequencies in a short period of time.

I learned these Basic Processes from Ariel Policano. As you create your own Basic Processes, feel free to share them with your fellow Genius users!

General Wellness Basic Process

- Today’s Stress
- Body Systems
- Organs
- Glands
- Digestion
- Flower Essence

Choose the Red & Blues.
Play the Highs.

Physical Pain Basic Process (Muscle aches, physical issues)

- Today’s Stress
- Spinal Energy
- Neurotransmitters
- Brain Anatomy
- Digestion
- Nogiers
- Flower Essence

Choose the Red & Blues.
Play the Highs and Lows

General Emotional Basic Process (Anxiety, Depression, PTSD, etc)

- Emotions
- Flower Essense
- Digestion
- Neurotransmitters
- Nogiers
- Brain EEG
- Brain anatomy
- Spiritual Protection

Choose the Red & Blues.
Play the Highs and Lows.